

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

Habitat degradation and fishing effects on the size structure of coral reef fish communities

SK Wilson^{1,2*}, R Fisher¹, MS Pratchett², NAJ Graham^{1,2}, NK Dulvy³, RA Turner¹, A Cakacaka⁴, NVC Polunin¹

1. School of Marine Science & Technology, University of Newcastle, Newcastle-upon-Tyne NE1 7RU, UK.
2. ARC Centre of Excellence for Coral Reef Studies, James Cook University, Townsville, QLD 4811, Australia.
3. Department of Biological Sciences, Simon Fraser University, Burnaby, B.C. Canada, V5A 1S6.
4. Institute of Applied Sciences, University of the South Pacific, Suva, Fiji

* Corresponding author
Email: shaun.wilson@jcu.edu.au
Phone: +44 (0)191 222 5868
Fax: +44 (0)191 222 7891

Key words: climate change, coral reef fisheries, habitat complexity, disturbance

1 Abstract

2 Overfishing and habitat degradation through climate change pose the greatest threats
3 to sustainability of marine resources on coral reefs. We examined how changes in
4 fishing pressure and benthic habitat composition influenced the size spectra of island-
5 scale reef fish communities in Lau, Fiji. Between 2000 and 2006 fishing pressure
6 declined in the Lau islands due to declining human populations and reduced demand
7 for fresh fish. At the same time coral cover declined and fine-scale architectural
8 complexity eroded due to coral bleaching and outbreaks of Crown-of-Thorns Starfish,
9 *Acanthaster planci*. We examined the size distribution of reef fish communities using
10 size spectra analysis- the linearised relationship between abundance and body-size
11 class. Spatial variation in fishing pressure accounted for 31% of the variation in the
12 slope of the size spectra in 2000, higher fishing pressure being associated with a
13 steeper slope, which is indicative of fewer large-bodied fish and/or more small-bodied
14 fish. Conversely, in 2006 spatial variation in habitat explained 53% of the variation in
15 the size spectra slopes and the relationship with fishing pressure was much weaker
16 (~12% of variation) than in 2000. Reduced cover of corals and lower structural
17 complexity was associated with less steep size spectra slopes primarily due to reduced
18 abundance of fish <20cm. Habitat degradation will compound effects of fishing on
19 coral reefs as increased fishing reduces large-bodied target species, whilst habitat loss
20 results in fewer small-bodied juveniles and prey that replenish stocks and provide
21 dietary resources for predatory target species. Effective management of reef resources
22 therefore depends on both reducing fishing pressure and maintaining processes that
23 encourage rapid recovery of coral habitat.

24

25

1 Introduction

2 Unsustainable exploitation of fish has had a major impact on stocks globally, resulting
3 in the collapse of fisheries and changes to the composition of fish communities
4 (Jackson et al. 2001, Pauly et al. 2002). Fishing typically targets large-bodied
5 individuals resulting in declines in target species size, density and biomass (Jennings
6 and Kaiser 1998, Russ 2002). Targeting of predatory species (Pauly et al. 1998,
7 Christensen et al. 2003, Myers and Worm 2003), may further result in trophic
8 cascades, whereby abundance of prey species increase reducing the nature and quality
9 of primary production (Pinnegar et al. 2000, Dulvy et al. 2004a, Mumby et al. 2006).

10 Environmental conditions underlie fisheries productivity (Finney et al. 2002, Rodwell
11 et al. 2003, Wynne and Cote 2007); however, fishing can have a detrimental effect on
12 the environment via the use of habitat moderating techniques (Dayton et al. 1995,
13 Jennings and Polunin 1996a), or the removal of functionally important species
14 (McClanahan and Shafir 1990, Hughes 1994; Dulvy et al. 2004a). Loss of habitat,
15 directly and indirectly through fishing or other processes, poses a major threat to the
16 continued existence of many marine species (Roberts and Hawkins 1999, Rodwell et
17 al. 2003), particularly those that are already endangered (Wilcove et al. 1998). Indeed,
18 exploitation is believed to have caused 55% of marine extinctions, while habitat
19 degradation explains a further 37% (Dulvy et al. 2003), emphasising the importance
20 of these two processes for both conservation and sustainability.

21 Coral reefs are a system of particular concern as millions of people on tropical coasts
22 are dependant on the goods and services they provide (Moberg and Folke 1999).
23 Human populations in tropical regions are increasing, adding to existing stressors
24 (McManus 1997, Hughes et al. 2003, Bell et al. in press) and overexploiting of coral
25 reef resources (Newton et al. 2007). Coral reefs are also highly susceptible to the

1 effects of climate change, as the primary habitat builders, scleractinian corals, are
2 living close to their thermal threshold (Hoegh-Guldberg 1999). Increased occurrence
3 of thermal anomalies are expected to cause widespread coral mortality due to coral
4 bleaching (Glynn 1993, Brown 1997, Hoegh-Guldberg 1999), disease (Harvell et al.
5 1999, 2002, Bruno et al. 2007) and severe storms (Emanuel 2005, Webster et al.
6 2005), whilst beyond 2050 changes to water chemistry will inhibit growth of corals
7 and reef accretion (Kleypas 1999, Hoegh-Guldberg et al. 2007). Most coral reef fish
8 have a close association with the reef structure (Choat and Bellwood 1991), some
9 species being highly dependent on particular biotic (e.g. Wilson et al. 2006, Cole et al.
10 2008, Munday et al. 2008) or physical (e.g. Risk 1972, Sano et al. 1987, Garpe et al.
11 2006, Graham et al. 2006) elements of the reef benthos. Loss of habitat, combined
12 with overfishing, is therefore expected to have a severe impact on coral reef fish
13 assemblages.

14 Previous studies have used spatial and temporal gradients in fishing intensity and
15 habitat quality to demonstrate that both fishing and habitat are important determinants
16 of fish abundance (e.g. McClanahan 1994, Jennings et al. 1996, Friedlander et al.
17 2003, McClanahan and Arthur 2001, Wilson et al 2008). Some studies have
18 concluded that habitat is more important than fishing (e.g. Grigg 1994), whilst others
19 have found that the effects of fishing are still prevalent when accounting for spatial
20 variation in habitat (e.g. Chapman and Kramer 1999). The relative importance of
21 these two processes is likely to depend on the extent of fishing pressure compared to
22 changes in habitat (Russ et al. 2005) and will vary depending on species susceptibility
23 to fishing versus habitat degradation (Wilson et al. 2008).

24 Sized-based indicators of fish communities have been recommended for monitoring
25 fisheries and ecosystem based management because they represent the distribution of

1 energy, and reveal energy flow through ecosystems (Jennings and Dulvy 2005, Shin
2 et al. 2005). In particular, the use of size spectra descriptors have been correlated to
3 fishing pressure in both temperate habitats (e.g. Rice and Gislason 1996, Zwanenburg
4 2000, Daan et al. 2005) and coral reefs (Dulvy et al. 2004b, Graham et al. 2005).
5 These studies demonstrate that fishing can change the size distribution of fish
6 communities directly, by decreasing abundance of large individuals, and indirectly, by
7 increases in small individuals. Changes in habitat can also influence the size
8 distribution of coral reef fish communities, resulting in a decline in abundance of
9 small size classes, and some increases in larger sizes (Graham et al. 2007). Although
10 the relative effect of fishing and environmental conditions on size spectra of
11 temperate fish communities has been assessed (Blanchard et al. 2005), similar
12 comparisons on coral reefs have not been made.

13 Here we examine how changes in both fishing pressure and habitat quality have
14 affected the size distribution of fish communities on corals reefs surrounding the
15 Fijian Lau islands. Fishing on these islands is restricted to subsistence fishing by local
16 residents and a reduction in human populations and shift to alternate sources of
17 income has resulted in a decline in fishing pressure over the past 10 years (Turner et
18 al. 2007). Simultaneously, outbreaks of the crown-of-thorns starfish (COTS,
19 *Acanthaster planci*) which may be linked to over-fishing (Dulvy et al. 2004a,
20 Sweatman 2008) and coral bleaching have caused coral mortality in the region
21 (Cummings et al. 2002, Dulvy et al. 2004a), changing the composition and structure
22 of the benthic community. This is an unusual case study, as burgeoning populations
23 on most tropical coasts increase the demands for marine resources and fishing
24 intensity. However the current scenario in the Lau islands is analogous to
25 management strategies which endeavour to reduce local fishing pressure by

1 introducing marine protected areas. Moreover, changes in benthic composition on Lau
2 reefs allow us to examine the interaction between the direct effects of fishing and
3 habitat degradation on reef fish communities.

4 A previous study examined the influence of fishing and habitat degradation on trophic
5 groups and species (Wilson et al. 2008), but here we assessed the influence of these
6 two drivers on descriptors of size spectra. Size structure is a particularly useful
7 indicator for fish assemblages as many life history characteristics, such as age at
8 maturity, reproductive output and natural mortality, are positively related to size in
9 marine fishes (Froese and Binohlan 2000, Jennings et al. 1999, Denny et al. 2002) and
10 it can be a useful proxy of overall productivity of fish assemblages (Kerr and Dickie
11 2001, Jennings et al. 2008). Size spectra are particularly suited to detecting change in
12 communities dominated by species exhibiting indeterminate growth whose feeding
13 ecology changes ontogenetically. Aggregation of data across species and individuals
14 also affords greater statistical power to detect the direct and indirect effects of fishing
15 (Jennings & Dulvy 2005, Dulvy et al. 2004b, Blanchard et al. 2009) and habitat
16 degradation (Graham et al. 2007). Thus size spectra encompasses community
17 characteristics not always captured using trophic or other groupings and can detect
18 key changes passing through ecological communities, with the predictive ability to
19 assess forthcoming change in ecosystem function and stability (Nyström et al. 2008).
20 We predict that decreased fishing will increase the abundance of large-bodied fish,
21 reducing the steepness of the size spectra slope. This may be exacerbated by a decline
22 in small-bodied prey released from predation and competition pressures (Dulvy et al.
23 2004b). We also predict that reduced coral cover and structural complexity will have
24 its greatest impact on small-bodied individuals and species, which will also cause a
25 decrease in the size spectra slope.

1

2 Methods

3 The relationships between fishing, benthos and size distribution of fish communities
4 were examined using data collected from five Lau islands: Kabara, Matuku, Totoya,
5 Tavunasici and Vuaqava, located in the south-eastern Fiji division (see Turner et al.
6 2007 for map with island locations). Benthic and fish communities were assessed at
7 three sites on the outer western reef slope of each island, at a depth of 7m. Benthic
8 and fish counts were carried out at the same locations in 2000 and 2006, using GPS to
9 relocate sites between years.

10 At each site, six point counts were used to assess size and abundance of 173 diurnal,
11 non-cryptic fish species, from 17 families (see Wilson et al. 2008 for full species list).
12 Point counts were carried out within a cylindrical area of 7m radius, encompassing a
13 benthic area of approximately 154m². Large mobile species were counted from
14 outside the count area, before the area was thoroughly surveyed for other, more site
15 attached, species. Any individuals entering the area once a count had started were
16 excluded from abundance estimates.

17 Fish surveys were carried out by NKD in 2000 and SKW in 2006. Both divers are
18 experienced in fish surveys and the influence of observer bias is therefore expected to be
19 a small component of the variance in the underwater fish counts (Williams et al. 2006,
20 McClanahan et al. 2007). Each diver also refined their ability to estimate fish lengths by
21 estimating lengths of plastic pipe underwater and comparing estimates to actual values
22 before surveys. To determine if there were any differences in the size estimates between
23 the two observers we plotted size estimates of the plastic pipes against actual lengths for
24 each observer and compared the slope and intercepts of the two relationships (Zar 1984).

1 No significant difference was detected in the slope ($t_{64} = 0.24$, $P=0.813$), or intercept (t_{65}
2 $= 1.25$, $P=0.218$), suggesting size estimates of fish for the two divers were very similar.

3 The composition of the benthic community was assessed within the same circular
4 survey area used for fish counts. In 2000, thirty digital images of the benthos, each
5 covering an area of $\sim 500\text{cm}^2$, were collected from within survey areas and
6 microhabitat was recorded from twenty random points on each image. In 2006, a 30m
7 tape was unfurled within and around the survey area and microhabitat under 30
8 randomly marked points on the tape was recorded. Microhabitat categories used for
9 both years were *Acropora*, *Pocillopora*, *Porites*, *Favites*, soft corals, sponges,
10 coralline algae, turf algae and fleshy macroalgae (Wilson et al. 2008).

11 Structural complexity of the reef was measured at two spatial scales within each of the
12 survey areas. At the seascape scale, topographic complexity was ranked on a scale of
13 0-5 where 0 represented reefs with no vertical relief, and extremely complex habitats,
14 with numerous caves and overhangs, were given a value of 5 (Polunin and Roberts
15 1993). Rugosity was measured as the linear distance covered by a 3m chain draped
16 over the reef surface (Risk 1972).

17 Fishing in the Lau islands is predominantly for subsistence purposes (Turner et al.
18 2007), each village having discrete fishing tenure areas known as *qoliqoli*. Fishing
19 pressure may therefore be estimated as the human population per linear km of reef
20 front, following Dulvy et al. (2002). This method correlates well with estimates of
21 fishing pressure using log books (Jennings and Polunin 1995, 1996b) and community
22 measures of the fish assemblage (Dulvy et al. 2004b). However, on some of the
23 islands, there has been a decline in fresh fish consumption, as people have been
24 engaged in more profitable occupations than fishing (Turner et al. 2007), suggestive
25 of development driven impacts of humans on reef fish biomass (Cinner et al. 2009).

1 Hence, we calculated fishing pressure as human population divided by linear km of
2 reef front, multiplied by proportional weekly consumption rate of fresh fish, estimated
3 from household surveys of villages (Turner et al. 2007). This decline in fresh fish
4 consumption represents a 40% reduction in fishing pressure across the five islands,
5 although magnitude of decline varies among islands (Wilson et al. 2008). Population
6 growth and decline is an exponential process henceforth estimates of fishing pressure
7 were logged prior to analyses permitting linear comparisons with size spectra
8 descriptors (Jennings and Polunin 1996a).

9

10 Data analyses

11 Spatial and temporal differences in habitat composition and the two measures of
12 structural complexity were examined using principal components analysis (PCA).
13 Variables were normalised prior to analysis, allowing them to be compared on a
14 common scale. A biplot of the first two principal components and associated
15 eigenvectors is presented in Wilson et al. (2008).

16 The size distribution of fish assemblages was assessed at each site using size spectra
17 analysis. All fish were assigned to 5x10 cm size categories, covering the size range of
18 10-60 cm. Individuals <10cm were excluded from the analysis as their abundance is
19 not adequately represented by underwater visual surveys (Ackerman and Bellwood
20 2000). The size distribution was measured as the slope and midpoint of a linear
21 regression fitted to the size frequency distribution of the fish community. Frequency
22 data was $\log_{10}(x + 1)$ transformed before analysis to ensure a linear relationship, and
23 the midpoints of size classes were re-scaled to the size range and fixed at zero,
24 removing the correlation between slope and midpoint (Daan et al. 2005, Rochet and

1 Trenkel 2003). When interpreting size spectra results, a steepening of the slope,
2 whereby it becomes more negative, is indicative of an increase in small fish, a
3 decrease in large fish or both. The mid-point height is an index of primary production
4 and overall community biomass whereby greater values are indicative of greater
5 community biomass (Dickie et al. 1987, Jennings 2005).

6 Spatial and temporal differences in the slope and midpoint attributable to fishing or
7 habitat degradation were compared using ANOVA, where year and qoliqoli were
8 entered as fixed factors. Multiple regression was used to assess the influence of
9 fishing and habitat on size spectra descriptors. Fishing pressure and PC1, PC2 and
10 PC3 scores from the habitat PCA were entered as independent variables and the slope
11 and midpoint entered as dependant variables. Multiple regressions were carried out on
12 2000 and 2006 data to determine if the strength of trends changed between years.

13 Temporal changes in the size distribution were also examined by comparing total
14 abundance of fish in 2000 and 2006, within each 10cm size class. To assess the
15 influence of habitat change and fishing on the abundance of juvenile fish temporal
16 comparisons of size distributions were carried out on all species and on species
17 whose maximum total length was >20 cm. This removed the influence of small-
18 bodied species whilst retaining information on juveniles and sub-adults of larger
19 bodied conspecifics. Similar analyses were carried out on fish that feed with the
20 epilithic algal matrix (EAM) and predatory species that feed predominantly on either
21 fish or motile benthic invertebrates. Fish were placed into these feeding guilds based
22 on information presented in Wilson et al. (2008)

23

24

1 Results

2 Benthic composition had changed significantly between 2000 and 2006, although the
3 extent and type of change varied among islands. At three of the islands, namely
4 Matuku, Totoya and Tavunasici, coral mortality of 50-70% had reduced coral cover to
5 ~20%. In contrast, Kabara reefs had recovered from an outbreak of COTS in 2000 and
6 coral cover had increased from <1 to 18%. At the island of Vuaqava coral cover had
7 remained stable.

8 In 2000, coral communities were dominated by branching *Acropora* coral; however,
9 in 2006, at sites where there had been some recovery or coral cover had remained
10 high, *Pocillopora* and *Porites* were the prominent coral genera. At all sites,
11 topography had not changed between 2000 and 2006, indicating reefs had retained
12 structural complexity at this spatial scale. However, rugosity had declined at all sites,
13 indicating structural complexity at the smaller spatial scale had been lost.

14 The first component of PCA used to describe spatio-temporal patterns in habitat
15 explained 31% of the variation in habitat data and was positively correlated with
16 *Acropora*, *Porites* and *Pocillopora* cover, as well as rugosity (Table 1). Topographic
17 complexity was positively correlated with the second and third PCA components,
18 which explained 18 and 15% of the variation in data respectively. Coralline algae and
19 *Pocillopora* were also positively correlated with PC2, whilst rugosity was negatively
20 correlated to this axis. Macroalgae and sponge cover were positively associated with
21 PC3.

22 The structure of the fish communities, measured as the slope from size spectra
23 analysis of size distribution, varied between islands ($F_4=4.82$, $P=0.006$), slopes being
24 steeper at Matuku, than at either Tavunasici or Kabara (Figure 1a). There was also a

1 tendency for size spectra slopes to be steeper in 2000 than 2006 ($F_1=3.93$, $P=0.061$).
2 There was no significant interaction detected between year and islands. Midpoint of
3 the size spectra analyses differed between years ($F_1=40.37$, $P<0.001$), higher values
4 occurring in 2006 (Figure 1b).

5 Temporal variation in the size distribution of fish can be attributed to reduced
6 abundance of small-bodied fish (<20cm TL) and an increase in medium sized fish
7 (20-40 cm TL) in 2006 (Figure 2a). Abundance of small-bodied fish represented $76 \pm$
8 2% (mean \pm SE) of fish observed in 2000, but only $40 \pm 3 \%$ of the fish community
9 in 2006. Small-bodied species (maximum total length < 20 cm) represent
10 approximately 75% of the decline in small fish and these are predominantly small
11 pomacentrids that feed on the EAM (Figure 2b), or invertebrate feeding labrids
12 (Figure 2c). However, juveniles or sub adults of larger bodied conspecifics have also
13 been affected, particularly among the roving EAM feeders. In 2000 the average
14 number of small (TL< 20cm) scarids and acanthurids observed per island was 98 ± 39
15 and 87 ± 18 respectively. In 2006 the mean number of small scarids had fallen to $14 \pm$
16 4 and there were only 54 ± 13 small acanthurids per island.

17 Spatial and temporal variation in the size structure of the fish community can be
18 attributed to differences in both fishing intensity and habitat composition, although
19 the relative importance of these predictors varies between years. In 2000 a negative
20 relationship between fishing intensity index and size spectra slopes indicates sites
21 with lower fishing pressure had more large fish and/or fewer small fish. This
22 relationship accounts for 30% of the spatial variation in size spectra slopes in 2000,
23 but by 2006 it had weakened ($F_{1,13}=1.7$, $P= 0.210$ $R^2 = 0.118$) and fishing is not
24 included as a predictor variable in the multiple regression model (Table 2, Figure 3a).
25 Instead the slope of the size spectra analysis in 2006 is best predicted by spatial

1 heterogeneity in benthic habitat, scores from PC1 and PC3 accounting for 53% of the
2 variation in data (Table 2). Fishing and PC3 are however correlated ($F_{1,28} = 31.5$,
3 $P < 0.001$, $R^2 = 0.529$) and fishing may contribute to spatial variation in slope data from
4 2006. A negative relationship between slope data and PC1 in 2006 suggests sites with
5 higher coral cover and rugosity have a steeper or more negative slope. A positive
6 relationship between the slope and PC3 in 2006 suggests sites with higher topographic
7 complexity and macroalgae cover have a shallower or less negative slope (Figure 4).

8 The midpoint from size spectra analysis is also best predicted by a combination of
9 fishing and habitat data when information from both years is pooled. Combined
10 fishing and habitat account for 51% of the variation in midpoint data (Table 2). The
11 midpoint tends to be greater when fishing pressure is lower (Figure 3), which suggests
12 a reduction in fishing has increased overall fish biomass. The midpoint is also greater
13 when cover by turf algae coralline algae and topographic complexity are high (Figure
14 4). The relationship between fishing pressure and size spectra midpoint is weaker
15 when analysed by year, predictor variables accounting for $< 30\%$ of the variation in
16 data.

17 The slope and midpoint of size spectra analysis were positively correlated ($F_{1,28} = 19.2$,
18 $P < 0.001$, $R^2 = 0.406$), despite rescaling of data prior to analysis. However, the best
19 combinations of predictor variables differed between slope and midpoint, suggesting
20 these two descriptors of size spectra still provide unique information.

21

22 Discussion

23 Fishing has a profound effect on the size distribution of fish on coral reefs as fishers
24 typically target large-bodied individuals, which steepens fish community size spectra.

1 In addition, many fishers, including those in Fiji, target predatory species such as
2 serranids and lutjanids (Jennings and Polunin 1995), which can result in release of
3 prey and increased abundance of small-bodied fish (Graham et al. 2003, Dulvy et al.
4 2004b). These impacts of fishing were evident in the Lau islands of Fiji in 2000, but
5 by 2006 the size structure of the fish assemblage was increasingly governed by and
6 overwritten by habitat modification.

7 Coral bleaching and outbreaks of COTS (the latter of which may be driven by
8 removal of starfish predators (Dulvy et al. 2004a; Sweatman 2008)) have brought
9 about spatial variation in habitat composition and quality, which is having a greater
10 impact on the size distribution of fish than the direct effects of fishing. The effects of
11 coral habitat degradation are particularly severe on small individuals. Many of the fish
12 that feed or shelter among the branches of live coral colonies are small-bodied and
13 disturbances that reduce coral cover have a detrimental effect on their abundance
14 (Wilson et al. 2006). In the Lau islands, loss of *Acropora* corals was identified as an
15 important driver of change in the fish community which resulted in significant
16 declines in coral feeding butterflyfish and small bodied damselfish that shelter
17 amongst coral branches (Wilson et al. 2008). Maximum attainable size of these coral
18 dependant species is < 20 cm (Randall 2005) and their loss has contributed to the
19 decline of small-bodied fish in the Lau islands. However, coral-dependant fish
20 represent only 5-10% of the species in reef fish communities (Jones et al. 2004;
21 Pratchett et al. 2008), and the decline in small-bodied fish in the Lau Islands can be
22 largely attributed to loss of small-bodied pomacentrids that feed on the EAM and
23 invertebrate feeding labrids rather than coral dependant species. Thus decline of small
24 fish species is most likely due to lost rugosity associated with corals, rather than the
25 loss of live coral tissue (Sano et al. 1987, Garpe et al. 2006, Graham et al. 2006).

1 A decline in small-bodied fishes may also include reduced abundance of juvenile fish
2 and have long term consequences for replenishment of adult fish stocks (Graham et al.
3 2007). Whilst small-bodied species account for 75% of the decline in fish <20 cm,
4 juveniles of larger-bodied conspecifics are also likely to have been effected,
5 particularly juveniles of roving EAM feeders. Abundance of adult roving EAM
6 feeders was typically higher in 2006 than 2000 due to reduced fishing pressure and
7 increased dietary resources (Wilson et al. 2008). But the size distribution of these fish
8 in 2006 is skewed towards larger fish, with fewer juveniles. Importantly, a decline in
9 these stocks due to poor recruitment could compromise reef resilience in the future,
10 assuming a direct relationship between recruitment and stock size and the absence of
11 compensatory density dependence (Hughes et al. 2007).

12 Reduced fishing pressure in the Lau islands, caused by emigrating human populations
13 and reduced consumption of fresh fish (Turner et al. 2007), may also have contributed
14 to temporal changes in size spectra slopes. Relaxed fishing pressure could have
15 resulted in more large fish and increased predatory control on small-bodied fishes and
16 invertebrates. This effect may have been facilitated by loss of refuge from predation
17 and maintenance of topographic complexity, which measures structural complexity at
18 a spatial scale relevant to medium sized predators (Wilson et al. 2007).

19 The observed temporal increase in size spectra mid-point height was a result of larger
20 individuals (>20cm) in the assemblage and can also be partially attributed to reduced
21 fishing pressure. This is consistent with increases in mid-point height and community
22 biomass observed from fishery closures in Kenya (McClanahan and Graham 2005).

23 The fish feeding groups responsible for the increase in Lau were roving EAM feeders,
24 invertivores and piscivores (Wilson et al. 2008). These larger bodied species are
25 major contributors to total biomass of reef fish communities (Ackerman and Bellwood

1 2000) and increased occurrence of these fish has more than compensated for lost
2 biomass associated with small bodied fish. Higher midpoints in 2006 were also
3 associated with greater coverage of turf and coralline algae, which may be indicative
4 of high grazing pressure from roving fish (Scott and Russ 1987, McClanahan 1997,
5 Hughes et al. 2007). Greater midpoints in 2006 also suggest that productivity of the
6 system may have increased, although this increase may be temporary if juveniles of
7 adult conspecifics are affected by reduced reef rugosity.

8 Whilst we can not definitively determine the primary driver of declines in small-
9 bodied fish, the correlation between habitat quality and size spectra slope suggest loss
10 of coral and associated rugosity will have a detrimental effect on small fish
11 abundance. Consequently, habitat degradation, as observed following coral loss,
12 exacerbates the effects of exploitation on fish stocks. Fishing will remove large-
13 bodied individuals, whilst loss of coral and associated rugosity will reduce abundance
14 of small-bodied fish and impair the replenishment of adult stocks. For this reason it is
15 imperative that managers address both over-fishing and protect against habitat
16 degradation, especially given the continuing impacts of climate change (Hughes et al.
17 2003).

18 Reducing fishing locally (e.g. implementing no-take areas) will protect exploited fish
19 and may encourage reef recovery following some disturbances (Gell and Roberts
20 2003, Hughes et al. 2007), but will not necessarily protect corals against the large-
21 scale effects of climate change (Rogers and Beets 1999, Graham et al. 2008).

22 Consequently, effective conservation of reefs will require a combination of
23 management policies that not only reduce fishing, but also protect functionally
24 important structures (complexity) and processes (herbivory) (Rodwell et al. 2003,
25 Mumby and Steneck 2008). This may involve protecting high quality, resilient

1 habitats and prohibiting fishing practices that cause habitat destruction (McClanahan
2 et al. 2008). Productivity of coral reefs is also tightly linked to coastal systems such as
3 mangroves and seagrass meadows (Dorenbosch et al. 2005, Manson et al. 2005),
4 which are essential juvenile habitats for many reef species and act as biological filters
5 removing nutrients and sediments from the water column (Harborne et al. 2006). It is
6 therefore imperative that these habitats are protected (Mumby and Steneck 2008).
7 Finally, the underlying drivers of fisheries exploitation need to be addressed, which
8 likely requires improving the economic development of coastal fishing communities
9 to navigate socio-ecological traps (Cinner et al. 2009).

10 Our study demonstrates that a reduction in fishing pressure is positively correlated to
11 a shallowing of the size spectra of coral reef fish communities and to an increase in
12 the overall community biomass. However, we have also shown that coral degradation
13 (through a combination of climate induced bleaching and the indirect effect of
14 fishing-induced starfish outbreaks) and structural complexity loss can affect the size
15 spectra of fish communities. Reduced habitat rugosity is associated with declines in
16 small-bodied fishes, which lessens the steepness of the size spectra slope. Thus habitat
17 degradation is likely to compound the direct effects that fishing has on the size
18 distribution of fishes, as both small and large bodied fish will be negatively impacted
19 when they occur concurrently. In a previous study (Wilson et al. 2008) we
20 demonstrated that functional groups of fish do not accurately portray impacts of
21 fishing and habitat loss because interspecific variation attenuates response within
22 these groups. However, size spectra slope is a community measure that is sensitive to
23 both fishing and habitat and therefore a valuable indicator of stress from both
24 processes. As perturbation of reefs increases due to climate change, human population

1 growth and expansion, the influence of habitat will have an increasingly important
2 role in structuring reef fish communities, particularly in areas protected from fishing.

3

4

5 Acknowledgements

6 We are grateful for the support of the people of the Lau islands for allowing access to
7 their reefs, Leon Zann and staff at University of South Pacific Fiji for logistical
8 support and the crew of the Mothership whilst in the field. The project was financially
9 supported by National Geographic and the Leverhulme trust.

10

11 References

- 12 Ackerman, J.L. and D.R. Bellwood. 2000. Reef fish assemblages: a re-evaluation
13 using enclosed rotenone stations. *Marine Ecology Progress Series* 206:227-237.
- 14 Bell, J.D., M. Kronen, A. Vunisea, W.J. Nash, G. Keeble, A. Demmkea, S. Pontifex,
15 and S. Andréfouët 2009. Planning the use of fish for food security in the Pacific.
16 *Marine Policy* 33:64-76.
- 17 Blanchard, J. L., N. K. Dulvy, S. Jennings, J.E. Ellis, J. K. Pinnegar, A. Tidd, and
18 L.T. Kell. 2005. Do climate and fishing influence size-based indicators of Celtic
19 Sea fish community structure? *ICES Journal of Marine Science* 62:405-411.
- 20 Blanchard, J. L., S. Jennings, R. Law, M. D. Castle, P. McCloghrie, M. J. Rochet and
21 E. Benoit. 2009. How does abundance scale with body size in coupled size-
22 structured food webs? *Journal Of Animal Ecology* 78:270-280.

- 1 Brown, B.E. 1997. Coral bleaching: causes and consequences. *Coral Reefs* 16:S129-
2 S138.
- 3 Bruno, J.F., E.R. Selig, K.S. Casey, C.A. Page, B.L. Willis, C.D. Harvell, H.
4 Sweatman and A.M. Melendy. 2007. Thermal stress and coral cover as drivers
5 of coral disease outbreaks. *Public Library of Science Biology* 5:e124.
- 6 Cinner, J. E., T. R. McClanahan, T. M. Daw, N. A. J. Graham, J. Maina, S. K.
7 Wilson, and T. P. Hughes. 2009. Linking social and ecological systems to
8 sustain coral reef fisheries. *Current Biology* 19:206-212.
- 9 Chapman, M.R., and D.L. Kramer. 1999. Gradients in coral reef fish density and size
10 across the Barbados Marine Reserve boundary: effects of reserve protection and
11 habitat characteristics. *Marine Ecology Progress Series* 181:81-96.
- 12 Choat, J.H., and D.R. Bellwood. 1991. Reef fishes: their history and evolution. In:
13 Sale P.F. (ed) *The ecology of fishes on coral reefs*. Academic Press, San Diego,
14 USA. Pp. 39-68.
- 15 Christensen, V., S. Gue´nette, J.J. Heymans, C.J. Walters, R. Watson, D. Zeller, and
16 D. Pauly. 2003. Hundred-year decline of North Atlantic predatory fishes. *Fish*
17 *and Fisheries* 4:1-24.
- 18 Cole, A.J., M.S. Pratchett, and G.P. Jones. 2008. Diversity and functional importance
19 of coral-feeding fishes on tropical coral reefs. *Fish and Fisheries* 9:286-307.
- 20 Cumming, R.L., M.A. Toscano, E.R. Lovell, B.A. Carlson, N.K. Dulvy, A. Hughes,
21 J.F. Koven, N.J. Quinn, H.R. Sykes, O.J.S. Taylor, and D. Vaughan. 2002. Mass
22 coral bleaching in the Fiji Islands, 2000. *Proceedings of the Ninth International*
23 *Coral Reef Symposium* 2:1161-1169.

- 1 Daan, N., H. Gislason, J.G. Pope, and J. C. Rice. 2005. Changes in the North Sea fish
2 community: evidence of indirect effects of fishing? *ICES Journal of Marine*
3 *Science*. 62:177-188.
- 4 Dayton, P.K., S.F. Thrush, M.T. Agardy, and R.J. Hofman. 1995. Environmental
5 effects of marine fishing. *Aquatic Conservation: Marine and Freshwater*
6 *Ecosystems*. 5:205-232.
- 7 Denny, N.H., S. Jennings, and J.D. Reynolds. 2002. Life-history correlates of
8 maximum population growth rates in marine fishes. *Proceedings of the Royal*
9 *Society of London B*. 269:2229-2237.
- 10 Dickie L. M., S. R. Kerr, and P. R. Boudreau. 1987. Size-dependent processes
11 underlying regularities in ecosystem structure. *Ecological Monographs*
12 57:233-250.
- 13 Dorenbosch, M., M.G.G. Grol, M.J.A. Christianen, I. Nagelkerken, and G. van der
14 Velde. 2005. Indo-Pacific seagrass beds and mangroves contribute to fish
15 density and diversity on adjacent coral reefs. *Marine Ecology Progress Series*.
16 302:63–76.
- 17 Dulvy, N.K., R.E. Mitchell, D. Watson, C. Sweeting, and N.V.C 2002. Scale-
18 dependant control of motile epifaunal community structure along a coral reef
19 fishing gradient. *Journal of Experimental Marine Biology and Ecology*. 278:1-
20 29.
- 21 Dulvy, N.K., Y. Sadovy, and J.D. Reynolds. 2003. Extinction vulnerability in marine
22 populations. *Fish and Fisheries*. 4:25-64.
- 23 Dulvy, N.K., R.P. Freckleton and N.V.C. Polunin 2004a. Coral reef cascades and the
24 indirect effects of predator removal by exploitation. *Ecology Letters*. 7:410-416.

- 1 Dulvy, N.K., N.V.C. Polunin, A.C. Mill, and N.A.J. Graham. 2004b. Size structural
2 change in lightly exploited coral reef fish communities: evidence for weak
3 indirect effects. *Canadian Journal of Fish and Aquatic Sciences*. 61:466-475.
- 4 Emanuel, K. 2005. Increasing destructiveness of tropical cyclones over the past 30
5 years. *Nature*. 436:686-688.
- 6 Finney, B.P., I. Gregory-Eaves, M.S.V. Douglas, and J.P. Smol. 2002. Fisheries
7 productivity in the northeastern Pacific Ocean over the past 2,200 years. *Nature*.
8 416:729-733.
- 9 Friedlander, A.M., B.E. Brown, P.L. Jokiel, W.R. Smith, and K.S. Rodgers. 2003.
10 Effects of habitat, wave exposure, and marine protected area status on coral reef
11 fish assemblages in the Hawaiian archipelago. *Coral Reefs* 22:291-305.
- 12 Froese, R., and C. Binohlan. 2000. Empirical relationships to estimate asymptotic
13 length, length at first maturity and length at maximum yield per recruit in fishes,
14 with a simple method to evaluate length frequency data. *Journal of Fish Biology*.
15 56:758-773.
- 16 Garpe, K.C., S.A.S. Yahya, U. Lindahl, and M.C. Öhman. 2006. Long-term effects of
17 the 1998 coral bleaching event on reef fish assemblages. *Marine Ecology*
18 *Progress Series*. 315:237-247.
- 19 Gell, F.R. and C.M. Roberts. 2003. Benefits beyond boundaries: the fishery effects of
20 marine reserves. *Trends in Ecology and Evolution*. 18:148-155.
- 21 Glynn, P.W. 1993. Coral reef bleaching: ecological perspectives. *Coral Reefs*. 12:1-
22 17.

- 1 Graham, N.A.J., R.D. Evans, and G.R. Russ 2003. The effects of marine reserve
2 protection on the trophic relationships of reef fishes on the Great Barrier reef.
3 *Environmental Conservation*. 30:200-208.
- 4 Graham, N.A.J., N.K. Dulvy, S. Jennings, and N.V.C. Polunin. 2005. Size spectra as
5 indicators of fishing effects on coral reef fish assemblages. *Coral Reefs*. 24:118-
6 124.
- 7 Graham, N.A.J., S.K. Wilson, S. Jennings N.V.C. Polunin, J.P. Bijoux, and J.
8 Robinson 2006. Dynamic fragility of oceanic coral reef ecosystems. *Proceedings*
9 *of the National Academy of Sciences of the United States of America*.
10 103:8425-8429.
- 11 Graham, NAJ, Wilson SK, Jennings S N.V.C. Polunin, J. Robinson, J.P. Bijoux, and
12 T.M. Daw 2007. Lag effects in the impacts of mass coral bleaching on coral reef
13 fish, fisheries, and ecosystems. *Conservation Biology*. 21:1291-1300.
- 14 Graham, N.A.J., T.R. McClanahan, M.A. MacNeil, S.K. Wilson, N.V.C. Polunin, S.
15 Jennings, P. Chabanet, S. Clark, M.D. Spalding, Y. Letourneur, L. Bigot, R.
16 Galzin, M.C. Öhman, K.C. Garpe, A.J. Edwards, and C.R.C. Sheppard. 2008.
17 *Climate Warming, marine parks and the Ocean-Scale Integrity of Coral Reef*
18 *Ecosystems*. *Public Library of Science One*. 3:e3039
- 19 Grigg, R.W. 1994. Effects of sewage discharge, fishing pressure and habitat
20 complexity on coral ecosystems and reef fishes in Hawaii. *Marine Ecology*
21 *Progress Series*. 103:25-34.
- 22 Harborne, A.R., P.J. Mumby, F. Micheli, C.T. Perry, C.P. Dahlgren, K.E. Holmes,
23 and D.R. Brumbaugh. 2006. The functional value of Caribbean coral reef,

1 seagrass and mangrove habitats to ecosystem processes. *Advances in Marine*
2 *Biology*. 50:57-189.

3 Harvell, C.D., K. Kim, J.M. Burkholder, R.R. Colwell, P.R. Epstein, D.J. Grimes,
4 E.E. Hofmann, E.K. Lipp, A.D.M.E. Osterhaus, R.M. Overstreet, J.W. Porter,
5 G.W. Smith, and G.R. Vasta. 1999. Emerging marine diseases—Climate links
6 and anthropogenic factors. *Science* 285:1505-1510.

7 Harvell, C.D., C.E. Mitchell, J.R. Ward, S. Altizer, A.P. Dobson, R.S. Ostfeld, and
8 M.D. Samuel. 2002. Climate warming and disease risks for terrestrial and
9 marine biota. *Science* 296:2158–2162.

10 Hoegh-Guldberg, O. 1999. Climate change, coral bleaching and the future of the
11 world’s coral reefs. *Marine and Freshwater Research*. 50:839-866.

12 Hoegh-Guldberg, O., P.J. Mumby, A.J. Hooten, R.S. Steneck, P. Greenfield, E.
13 Gomez, C.D. Harvell, P.F. Sale, A.J. Edwards, K. Caldeira, N. Knowlton C.M.
14 Eakin, R. Iglesias-Prieto, N. Muthiga, R.H. Bradbury, A. Dubi, and M.E.
15 Hatzioios. 2007. Coral reefs under rapid climate change and ocean acidification.
16 *Science*. 318: 1737-1742.

17 Hughes, T.P. 1994. Catastrophes, phase shifts, and large-scale degradation of a
18 Caribbean coral reef. *Science*. 265:1547-1551.

19 Hughes, T.P., A.H. Baird, D.R. Bellwood M. Card, S.R. Connolly, C. Folke, R.
20 Grosberg, O. Hoegh-Guldberg, J.B.C. Jackson, J. Kleypas, J.M. Lough, P.
21 Marshall, M. Nystöm, S.R. Palumbi, J.M. Pandolfi, B. Rosen, and J.
22 Roughgarden. 2003. Climate change, human impacts and the resilience of coral
23 reefs. *Science*. 301:929-933.

- 1 Hughes, T.P., M.J. Rodrigues, D.R. Bellwood, D. Ceccarelli, O. Hoegh-Guldberg, L.
2 McCook, N. Moltschaniwskyj, M.S. Pratchett, R.S. Steneck, and B. Willis.
3 2007. Phase shifts, herbivory, and the resilience of coral reefs to climate
4 change. *Current Biology*. 17:360-365.
- 5 Jackson, J.B.C., M.X. Kirby, W.H. Berger, K.A. Bjorndal, L.W. Botsford, B.J.
6 Bourque, R.H. Bradbury, R. Cooke, J. Erlandson, J.A. Estes, T.P. Hughes, S.
7 Kidwell, C.B. Lange, H.S. Lenihan, J.M. Pandolfi, C.H. Peterson, R.S. Steneck,
8 M.J. Tegner, and R.R. Warner. 2001. Historical overfishing and the recent
9 collapse of coastal ecosystems. *Science*. 293:629-637.
- 10 Jennings, S. 2005. Size-based analyses of aquatic food webs. In: Belgrano, A., U.M.
11 Scharler, J. Dunne, and R.E. Ulanowicz (eds.) *Aquatic food webs: an ecosystem*
12 *approach*. Oxford University Press, Oxford.
- 13 Jennings, S., and N.V.C Polunin. 1995. Comparative size and composition of yield
14 from six Fijian reef fisheries. *Journal of Fish Biology*. 46:28-46.
- 15 Jennings, S., and N.V.C Polunin. 1996a Impacts of fishing on tropical reef
16 ecosystems. *Ambio*. 25:44-49.
- 17 Jennings, S., and N.V.C Polunin. 1996b. Effects of fishing effort and catch rate upon
18 the structure and biomass of Fijian reef fish communities. *Journal of Applied*
19 *Ecology*. 33:400-412.
- 20 Jennings, S., and M.J. Kaiser. 1998. The effects of fishing on marine ecosystems.
21 *Advances in Marine Biology*. 34:201-352.
- 22 Jennings, S., J.D. Reynolds, and N.V.C. Polunin 1999. Predicting the vulnerability of
23 tropical reef fishes to exploitation with phylogenies and life histories.
24 *Conservation Biology*. 13:1466-1475.

- 1 Jennings, S., and N.K. Dulvy 2005. Reference points and reference directions for size-
2 based indicators of community structure. *ICES Journal of Marine Science*.
3 62:397-404.
- 4 Jennings, S., D.P. Bouille, and N.V.C. Polunin. 1996. Habitat correlates of the
5 distribution and biomass of Seychelles reef fishes. *Environmental Biology of*
6 *Fish* 46:15-25.
- 7 Jennings, S., F. Mélin, J.L. Blanchard, R. M. Forster, N. K. Dulvy, and R. W. Wilson.
8 2008. Global-scale predictions of community and ecosystem properties from
9 simple ecological theory. *Proceedings of the Royal Society B: Biological*
10 *Sciences* 275:1375–1383.
- 11 Jones, G.P., M.I. McCormick, M. Srinivasan, and J.V. Eagle. 2004. Coral decline
12 threatens fish biodiversity in marine reserves. *Proceedings of the National*
13 *Academy of Sciences of the United States of America*. 101:8251-8253.
- 14 Kerr, S.R., and L.M. Dickie. 2001. *The biomass spectrum: a predator-prey theory of*
15 *aquatic production*. Columbia University Press, New York.
- 16 Kleypas, J.A., R.W. Buddemeier, D. Archer, J. Gattuso, C. Langdon, and B.N.
17 Opdyke. 1999. Geochemical consequences of increased atmospheric carbon
18 dioxide on coral reefs. *Science*. 284:118-120.
- 19 Manson, F.J., N.R. Loneragan, B.D. Harch, G.A. Skilleter, and L. Williams. 2005. A
20 broad-scale analysis of links between coastal fisheries production and mangrove
21 extent: a case-study for northeastern Australia. *Fisheries Research*. 74:69-85.
- 22 McClanahan, T. R. 1994. Kenyan coral reef lagoon fish: effects of fishing, substrate
23 complexity, and sea urchins. *Coral Reefs*. 13:231-241.

- 1 McClanahan, T.R. 1997. Primary succession of coral-reef algae: Differing patterns on
2 fished versus unfished reefs. *Journal of Experimental Marine Biology and*
3 *Ecology*. 218:77-102.
- 4 McClanahan, T.R., and R. Arthur. 2001. The effect of marine reserves and habitat on
5 populations of East African coral reef fishes. *Ecological Applications*. 11:559-
6 569.
- 7 McClanahan, T.R. and S.H. Shafir. 1990. Causes and consequences of sea urchin
8 abundance and diversity in Kenyan coral reef lagoons. *Oecologia*. 83:362-370.
- 9 McClanahan, T.R., and N.A.J. Graham. 2005. Recovery trajectories of coral reef fish
10 assemblages within Kenyan marine protected areas. *Marine Ecology Progress*
11 *Series*. 294:241-248.
- 12 McClanahan, T. R., N. A. J. Graham, J. Maina, P. Chabanet, J. H. Bruggemann, and
13 N.V.C. Polunin. 2007. Influence of instantaneous variation on estimates of coral
14 reef fish populations and communities. *Marine Ecology Progress Series*.
15 340:221-234.
- 16 McClanahan, T.R., C.C. Hicks, and E.S. Darling. 2008. Malthusian overfishing and
17 efforts to overcome it on Kenyan coral reefs. *Ecological Applications*. 18:1516-
18 1529.
- 19 McManus, J.W. 1997. Tropical marine fisheries and the future of coral reefs: a brief
20 review with emphasis on Southeast Asia. *Coral Reefs*. 16:S121-S127.
- 21 Moberg, F., and C. Folke. 1999. Ecological goods and services of coral reef
22 ecosystems. *Ecological Economics*. 29:215-233.

- 1 Mumby, P.J., and R.S. Steneck. 2008. Coral reef management and conservation in
2 light of rapidly evolving ecological paradigms. *Trends in Ecology and*
3 *Evolution*. 23:555-563.
- 4 Mumby, P.J., C.P. Dahlgren, A.R. Harborne, C.V. Kappel, F. Micheli, D.R.
5 Brumbaugh, K.E. Holmes, J.M. Mendes, K. Broad, J.N. Sanchirico, K. Buch, S.
6 Box, R.W. Stoffle, and A.B. Gill. 2006. Fishing, trophic cascades, and the
7 process of grazing on coral reefs. *Science*. 311:98-101.
- 8 Munday, P.L., G.P. Jones, M.S. Pratchett, and A.J. Williams. 2008. Climate change
9 and the future for coral reef fishes. *Fish and Fisheries*. 9:261-285.
- 10 Myers, R.A., and B. Worm. 2003. Rapid worldwide depletion of predatory fish
11 communities. *Nature*. 423:280-283.
- 12 Newton, K., I.M. Cote', G.M. Pilling, S. Jennings, and N.K. Dulvy. 2007. Current and
13 future sustainability of island coral reef fisheries. *Current Biology*. 17:655-658.
- 14 Nyström, M., N. A. J. Graham, J. Lokrantz, and A. Norström. 2008. Capturing the
15 cornerstones of coral reef resilience: linking theory to practice. *Coral Reefs*
16 27:795-809.
- 17 Pauly, D., V. Christensen, S. Guénette, T.J. Pitcher, U.R. Sumaila, C.J. Walters, R.
18 Watson, and D. Zeller. 2002. Towards sustainability in world fisheries. *Nature*.
19 418:689-695.
- 20 Pauly, D., V. Christensen, J. Dalsgaard, R. Froese, and F. Torres. 1998. Fishing down
21 marine food webs. *Science*. 279:860-863.
- 22 Pinnegar, J.K., N.V.C. Polunin, P. Francour, F. Badalamenti, R. Chemello, M.
23 Harmelin-Vivien, B. Hereu, M. Milazzo, M. Zabala, G. D'anna, and C. Pipitone.

- 1 2000. Trophic cascades in benthic marine ecosystems: lessons for fisheries and
2 protected-area management. *Environmental Conservation*. 27:179-200.
- 3 Polunin, N.V.C. and C.M. Roberts. 1993. Greater biomass and value of target coral-
4 reef fishes in two small Caribbean marine reserves. *Marine Ecology Progress*
5 *Series*. 100:167-176.
- 6 Pratchett, M.S., P.L. Munday, S.K. Wilson, N.A.J. Graham, J.E. Cinner, D.R.
7 Bellwood, G.P. Jones, N.V.C. Polunin, and T.R. McClanahan. 2008. Effects of
8 climate-induced coral bleaching on coral-reef fishes: ecological and economic
9 consequences. *Oceanography and Marine Biology: Annual Review*. 46:251-296
- 10 Randall, J.E. 2005. Reef and shore fishes of the south Pacific. University of Hawaii
11 Press, Honolulu.
- 12 Rice, J., and H. Gislason 1996. Patterns of change in the size spectra of numbers and
13 diversity of the North Sea fish assemblage, as reflected in surveys and models.
14 *ICES Journal of Marine Science*. 53:1214-1225.
- 15 Risk, M.J. 1972. Fish diversity on a coral reef in the Virgin Islands. *Atoll Research*
16 *Bulletin*. 153:1-6.
- 17 Roberts, C.M., and Hawkins, J.P. 1999. Extinction risk in the sea. *Trends in Ecology*
18 *and Evolution*. 14:241-246.
- 19 Rochet, M-J., and V.M. Trenkel. 2003. Which community indicators can measure the
20 impact of fishing? A review and proposals. *Canadian Journal of Fisheries and*
21 *Aquatic Sciences*. 60:86-99.
- 22 Rodwell, L.D., E.B. Barbier, C.M. Roberts, and T.R. McClanahan. 2003. The
23 importance of habitat quality for marine reserve fishery linkages. *Canadian*
24 *Journal of Fisheries and Aquatic Sciences*. 60:171-181.

- 1 Rogers, C.S., and J. Beets. 2001. Degradation of marine ecosystems and decline of
2 fishery resources in marine protected areas in the US Virgin Islands.
3 Environmental Conservation. 28:312-322.
- 4 Russ, G.R. 2002. Marine reserves as reef fisheries management tools: yet another
5 review. In: Sale P.F. (ed.) The ecology of fish on coral reefs., Academic Press,
6 San Diego, California, USA. pp. 421-444.
- 7 Russ, G.R., B. Stockwell, and A.C. Alcala. 2005. Inferring versus measuring rates of
8 recovery in no-take marine reserves. Marine Ecology Progress Series. 292:1-12.
- 9 Sano, M., M. Shimizu, and Y. Nose. 1987. Long-term effects of destruction of
10 hermatypic corals by *Acanthaster planci* infestation on reef fish communities at
11 Iriomote Island, Japan. Marine Ecology Progress Series. 37:191-199.
- 12 Scott, F.J. and G.R. Russ. 1987. Effects of grazing on species composition of the
13 epilithic algal community on coral reefs of the central Great Barrier Reef.
14 Marine Ecology Progress Series. 39:293-304.
- 15 Shin, Y-J., M-J. Rochet, S. Jennings, J.G. Field, and H. Gislason. 2005. Using size-
16 based indicators to evaluate the ecosystem effects of fishing. ICES Journal of
17 Marine Science. 62:384-396.
- 18 Sweatman, H. 2008. No-take reserves protect coral reefs from predatory starfish.
19 Current Biology 18:R598-R599.
- 20 Turner, R.A., A. Cakacaka, N.A.J. Graham, N.V.C. Polunin, M.S. Pratchett, S.M.
21 Stead and S.K. Wilson. 2007. Occupational shifts reduce reliance on marine
22 resources in remote South Pacific societies. Coral Reefs. 26:997-1008.

- 1 Webster, P.J., G.J. Holland, J.A. Curry, and H. Chang. 2005. Changes in tropical
2 cyclone number and intensity in a warming environment. *Science*. 309:844-
3 1846.
- 4 Wilcove, D.S., D. Rothstein, J. Dubow, A. Phillips, and E. Losos. 1998. Quantifying
5 threats to imperiled species in the United States. *BioScience*. 48:607-615.
- 6 Williams, I.D., W.J. Walsh, B.N. Tissot, and L.E. Hallacher. 2006. Impact of
7 observers' experience level on counts of fishes in underwater visual surveys.
8 *Marine Ecology Progress Series*. 310:185-191.
- 9 Wilson, S.K., N.A.J. Graham, M.S. Pratchett, G.P. Jones and N.V.C. Polunin. 2006.
10 Multiple disturbances and the global degradation of coral reefs: are reef fishes at
11 risk or resilient? *Global Change Biology*. 12:2220-2234.
- 12 Wilson, S.K., N.A.J. Graham, and N.V.C. Polunin. 2007. Appraisal of visual
13 assessments of habitat complexity and benthic composition on coral reefs.
14 *Marine Biology*. 151:1069-1076.
- 15 Wilson, S.K., R. Fisher, M.S. Pratchett, N.A.J. Graham, N.K. Dulvy, R.A. Turner, A.
16 Cakacaka, N.V.C. Polunin, and S.P. Rushton. 2008. Exploitation and habitat
17 degradation as agents of change within coral reef fish communities. *Global*
18 *Change Biology*. 14:2796-2809.
- 19 Wynne, S.P., and I.M. Cote. 2007. Effects of habitat quality and fishing on Caribbean
20 spotted spiny lobster populations. *Journal of Applied Ecology* 44:488-494.
- 21 Zar, J.H. 1984. *Biostatistical analysis*. Prentice Hall, Englewood Cliffs
- 22 Zwanenburg, K.T.C. 2000. The effects of fishing on demersal fish communities of the
23 Scotian Shelf. *ICES Journal of Marine Science*. 57:503-509.

- 1
- 2
- 3
- 4

- 1 Table 1. Co-efficients of habitat variables contributing to principle components 1,2
 2 and 3 of habitat principle component analysis.

Habitat variable	PC1 (31%)	PC2 (18%)	PC3 (15%)
Topographic complexity	0.12	0.28	0.39
Rugosity	0.32	-0.45	0.07
<i>Acropora</i>	0.44	-0.15	0.00
Coraline algae	-0.24	0.46	-0.15
<i>Favites</i>	0.44	0.09	0.23
Macroalgae	-0.18	0.15	0.46
<i>Pocillipora</i>	0.34	0.36	0.03
<i>Porites</i>	0.30	0.10	0.25
Soft coral	0.26	-0.05	-0.48
Sponges	-0.04	-0.35	0.42
Turf algae (EAM)	-0.29	-0.44	0.04

- 3
 4
 5
 6
 7

1

2

3 Table 2. Influence of fishing intensity and benthic composition on the size spectra of
 4 fish communities in the Lau islands, Fiji. Values are from forward stepwise multiple
 5 regression analyses. Partial correlation coefficients are in parentheses next to each of
 6 the variables included in the model.

7

year	df	F	P	R ²	Included variables
Slope					
Both	3,26	5.1	0.007	0.371	Fishing (-0.2), PC1 (-0.3), PC3 (0.3)
2000	1,13	5.7	0.033	0.305	Fishing (-0.6)
2006	2,12	6.7	0.011	0.529	PC1 (-0.6), PC3 (0.7)
Midpoint					
Both	4,25	6.5	0.001	0.511	Fishing (-0.5), PC1 (-0.5), PC2 (0.5), PC3 (-0.3)
2000	2,12	2.4	0.133	0.285	PC1 (0.5), PC2 (-0.4)
2006	2,12	2.3	0.141	0.276	PC2 (-0.4), PC3 (0.3)

8

9

10

1 Figure legends

2

3 Figure 1. Spatial and temporal changes in size spectra descriptors of fish communities
4 from five Lau islands. Means and standard errors calculated from three sites at each
5 island.

6

7 Figure 2. Temporal shifts in the size distribution of coral reef fish at Lau Islands, Fiji.
8 Bars represent the mean abundance difference of fish between 2000 and 2006. White
9 bars are a subset of the data which only includes species that attain a maximum total
10 length of 20 cm or less. Means and standard errors calculated from n = 5 islands

11

12 Figure 3. Influence of fishing on A. slope and B. midpoint from size spectra analyses
13 of fish communities in the Lau Islands, Fiji.

14

15 Figure 4. Influence of habitat on the slope and midpoint of size spectra analyses of
16 fish communities in the Lau Islands, Fiji. Habitat assessment based on scores from
17 principle component analysis of 11 habitat variables. Percentages adjacent to PC1, 2
18 and 3 are the amount of variation in habitat data explained by that principal
19 component. Habitat variables correlated with each component (correlation co-efficient
20 > 0.3) are listed below each component. Trf *Turf algae*, Acr *Acropora*, Fav *Favites*,
21 Poc *Pocillopora*, Por *Porites*, Rug *Rugosity*, Spo *Sponge*, CAlg *Coraline algae*, Top
22 *Topographic complexity*, Sof *Soft coral*, Mac *Macroalgae*.

23

24

1 Figure 1.

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

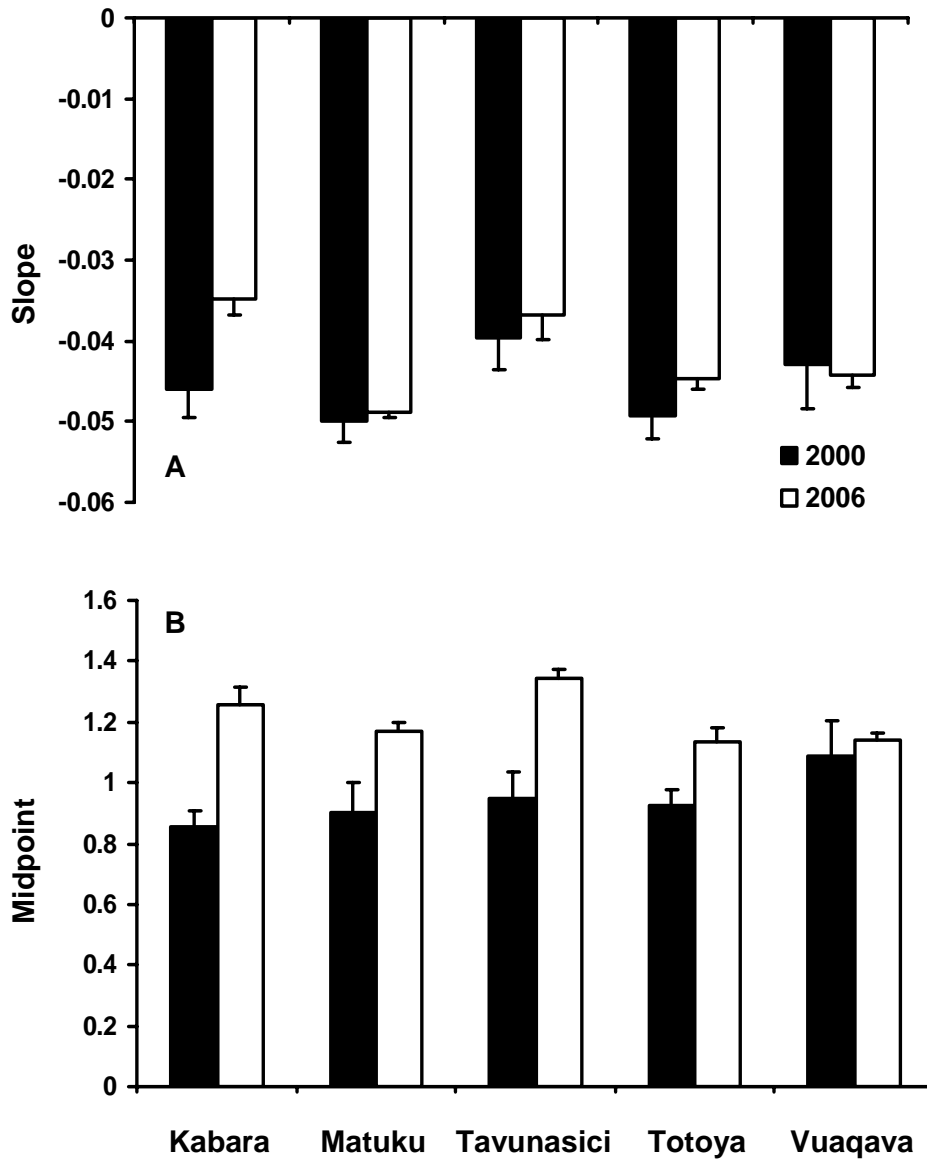
17

18

19

20

21



1

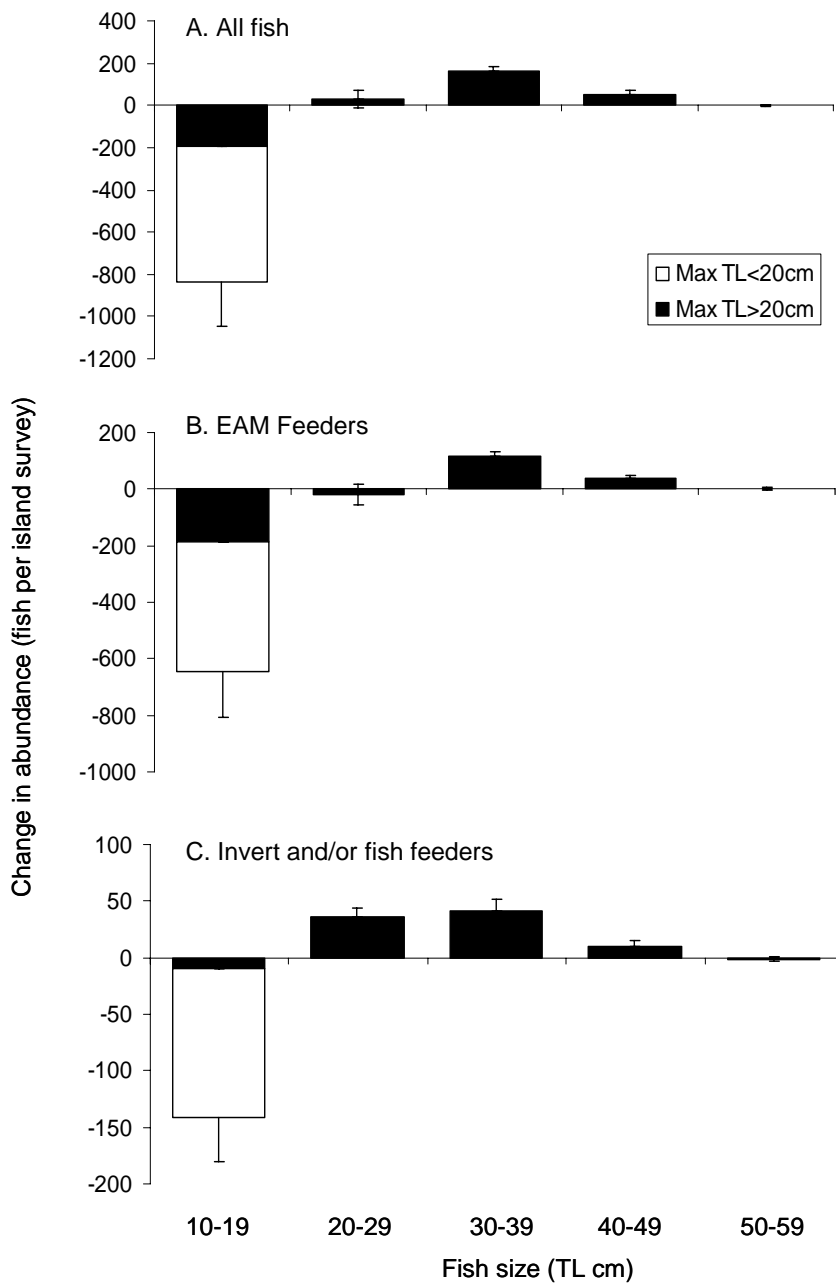
2 Figure 2.

3

4

5

6



1 Figure 3.

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

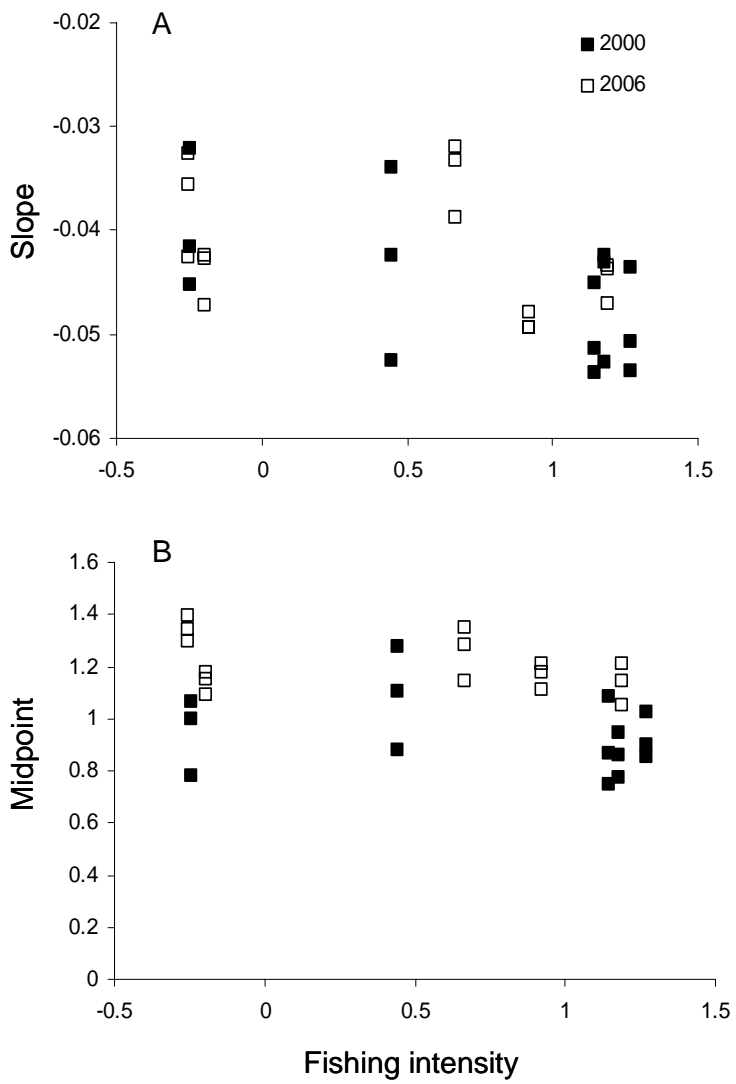
21

22

23

24

25



1

2 Figure 4.

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

